

2018 Nutmeg Pre-Professional Training Program Technique/Rehearsal Schedule

**Week 1
July 29 - August 5**

Sunday, July 29

10:00 AM - 2:45 PM Residents Students Arrive, Check into Dorms, Visit Dance Shop

2:30 PM Artistic Staff Meeting

3:00 PM Opening Ceremony/Orientation

5:00 PM Parents Leave

5:45 PM Pizza Party

7:00 PM Dorm and housing meeting (Residents Only)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast 8:30-9:30	Breakfast 8:30-9:30	Breakfast 8:30-9:30	Breakfast 8:30-9:30	Breakfast 8:30-9:30	Breakfast 9:00-10:00	Laundry/Rm Cleaning
Technique 10:00 - 11:45 Red Premiere Limoli/Limoli	Technique 10:00 - 11:45 Green Premiere Limoli/Limoli	Technique 10:00 - 11:45 Blue/All Men Premiere Limoli/Limoli	Technique 10:00 - 11:45 Red/All Men Premiere Limoli/Limoli	Technique 10:00 - 11:45 Red Premiere Limoli/Limoli	Technique 10:30 - 11:45 Green Premiere D'Antuono	9:00 - 11:00 Brunch 12:00-1:00 Cafeteria
Technique 10:00 - 11:45 Blue Studio 2 D'Antuono/Wallace	Modern 10:00 - 11:45 Red/All Men Studio 2 St.Amand	Modern 10:00 - 11:45 Green Ladies Studio 2 St.Amand	Modern 10:00 - 11:45 Blue Ladies Studio 2 St.Amand	Technique 10:00 - 11:45 Green Studio 2 Melady/Wallace	Technique 10:30 - 11:45 Green Studio 2 Limoli/Limoli	Shopping/Target/ WalMart 2:00-5:00 Dorm Director/RA's
Technique 10:00 - 11:45 Green Pas Studio Melady	Technique 10:00 - 11:45 Blue Pas Studio Bonasera	Technique 10:00 - 11:45 Red Pas Studio Tchernichov	Technique 10:00 - 11:45 Green Ladies Pas Studio Bonasera	Technique 10:00 - 11:45 Blue Pas Studio Tchernichov	Technique 10:30 - 11:45 Blue Pas Studio D'Antuono	Dinner 5:00 - 6:00 Cafeteria
Pointe 12:00 - 12:45 Red Ladies Premiere Limoli/Limoli	Pointe 12:00 - 12:45 Green Ladies Premiere Limoli/Limoli	Pointe 12:00 - 12:45 Blue Ladies Premiere Limoli/Limoli	Pointe 12:00 - 12:45 Red Ladies Premiere Limoli/Limoli	Pointe/Repertoire 12:00 - 12:45 Red Ladies/Men TBD Premiere Limoli/Limoli	Pointe/Repertoire 12:00 - 12:45 Red Ladies/Men Premiere Limoli	Evening Event 6:30 - 8:30 TBA Dorm Director/RA's
Pointe 12:00 - 12:40 Blue Ladies Studio 2 D'Antuono	Pointe 12:00 - 12:40 Blue Ladies Studio 2 Mazzarelli	Partnering 12:00 - 12:40 Red Ladies/All Men Studio 2 Tchernichov	Pointe 12:00 - 12:40 Green Ladies Studio 2 Mazzarelli	Pointe 12:00 - 12:40 Green Ladies Studio 2 D'Antuono	Partnering 12:00 - 12:40 Blue Ladies/All Men Studio 2 Mazzarelli	Dorms/Living 8:30 - 9:30 PM Dorms Dorm Director/RA's
Pointe 12:00 - 12:30 Green Ladies Pas Studio Mazzarelli	Body Conditioning 12:00 - 12:30 Red/All Men Pas Studio Melady	Body Conditioning 12:00 - 12:30 Green Ladies Pas Studio Mazzarelli	Body Conditioning 12:00 - 12:30 Blue Ladies/All Men Pas Studio Melady	Pointe 12:00 - 12:30 Blue Ladies Pas Studio Mazzarelli	Pointe/Variations 12:00 - 12:30 Green Ladies Pas Studio D'Antuono	Lights Out 11:00/11:30-7:30 Dorms Dorm Director/RA's
Variations 12:00 - 12:45 All Men Studio 1 Melady	Lunch 12:45-1:45 All Levels Cafeteria/Lounge Staff Meeting 12:45-1:45	Lunch 12:45-1:45 All Levels Cafeteria/Lounge Staff Meeting 12:45-1:45	Lunch 12:45-1:45 All Levels Cafeteria/Lounge Staff Meeting 12:45-1:45	Variations 12:00 - 12:45 Men Studio 1 Tchernichov/Melady	Lunch 12:45-1:45 All Levels Cafeteria/Lounge Repertoire 2:00-3:00	
Lunch 12:45-1:45 All Levels Cafeteria/Lounge Staff Meeting 12:45-1:45	Technique 2:00 - 3:30 Red Ladies/All Men Premiere Melady	Partnering 2:00 - 3:30 Blue Ladies/Men Premiere Melady	Repertoire 2:00 - 3:30 Red Ladies/Men TBD Premiere Limoli	Lunch 12:45-1:45 All Levels Cafeteria/Lounge Jacob's Pillow Field Trip **** Bus departs Nutmeg at 2:00 pm Estimated return to Nutmeg 8:45 pm **** All day students need to bring dinner. Free Time 8:00 - 9:30 PM Dorms Housing Staff	Variations 2:00-3:00 Red Ladies/Men TBD Premiere Limoli	
Repertoire 2:00 - 3:00 Red Ladies TBD Premiere Limoli/Limoli	Variation 2:00 - 3:30 Blue Ladies Studio 2 Limoli	Repertoire 2:00 - 3:30 Red Ladies/Men TBD Studio 2 Limoli	Ballet Technique 2:00 - 3:30 Blue Ladies Studio 2 Mazzarelli	Free Time 9:30-10:00 Dorms Housing Staff	Variations 2:00-3:00 Blue/Green Ladies/Men Studio 2 D'Antuono/Mazzarelli	
Partnering 2:00 - 3:00 Blue Ladies/All Men Studio 2 Melady	Variations 2:00 - 3:30 Green Ladies Pas Studio D'Antuono	Technique 2:00 - 3:30 Green Ladies Pas Studio Mazzarelli	Partnering 2:00 - 3:30 Green Ladies/Men Studio 2 Melady	Curfew 10:30 - 11:00 Dorms/House Housing Staff	Line-up at 4:45/Dinner 5:00-6:00 All Levels Cafeteria/Lounge	
Variations 2:00 - 3:00 Green Ladies Pas Studio Mazzarelli	Break 3:30-3:45 Repertoire 3:45 - 5:00 Red Ladies/Men TBD Premiere Limoli	Break 3:30-3:45 Partnering 3:45 - 5:00 Green Ladies/Men Premiere Melady	Break 3:30-3:45 Repertoire 3:45 - 5:00 Red Ladies/Men TBD Premiere Limoli	Lights Out 11:00/11:30-7:30 Dorms Housing Staff	Curfew 10:30 - 11:00 Dorms/House Housing Staff	
Partnering 3:45 - 5:00 Green Ladies/Men Premiere Melady	Partnering 3:45 - 5:00 Green Ladies/Men Studio 2 Melady	Repertoire 3:45 - 5:00 Red Ladies/Men TBD Studio 2 Limoli	Partnering 3:45 - 5:00 Blue Ladies/Men Studio 2 Melady			
Variations 3:45 - 5:00 Red Ladies/Men TBD Studio 2 Limoli	Variations/Repertoire 3:45 - 5:00 Blue Ladies Pas Studio D'Antuono	Variations 3:45 - 5:00 Blue Ladies Pas Studio Mazzarelli	Repertoire/Theory 3:45 - 5:00 Green Ladies Pas Studio Mazzarelli			
Theory/Repertoire 3:45 - 5:00 Blue Ladies Pas Studio Mazzarelli	Dinner 5:30-6:30 All Levels Cafeteria/Lounge Repertoire 6:45 - 8:00 Blue/Green Ladies/All Men Premiere Melady	Dinner 5:30-6:30 All Levels Cafeteria/Lounge Repertoire 6:45 - 8:00 Red/Blue Ladies/All Men Premiere Melady	Dinner 5:30-6:30 All Levels Cafeteria/Lounge Repertoire/Theory 6:45-8:00 Red/Green Ladies Premiere Melady			
Dinner 5:30-6:30 All Levels Cafeteria/Lounge						
Repertoire 6:45 - 8:00 All Students Premiere Mazz/Melady/Tuck/Ms. Jan	Pilates/Body Conditioning 6:45 - 8:00 Red Ladies Studio 2 TBD	Pilates/Body Conditioning 6:45 - 8:00 Green Ladies Studio 2 TBD	Pilates/Body Conditioning 6:45 - 8:00 Blue Ladies/All Men Studio 2 TBD			
Free Time 8:00 - 9:30 PM Dorms Housing Staff	Free Time 8:00 - 9:30 PM Dorms Housing Staff	Free Time 8:00 - 9:30 PM Dorms Housing Staff	Free Time 8:00 - 9:30 PM Dorms Housing Staff			
Curfew 9:30-10:00 Dorms Housing Staff	Curfew 9:30-10:00 Dorms Housing Staff	Curfew 9:30-10:00 Dorms Housing Staff	Curfew 9:30-10:00 Dorms Housing Staff			
Lights Out 11:00/11:30-7:30 Dorms Housing Staff	Lights Out 11:00/11:30-7:30 Dorms Housing Staff	Lights Out 11:00/11:30-7:30 Dorms Housing Staff	Lights Out 11:00/11:30-7:30 Dorms Housing Staff			